

# **FOOTHILLS**

### **EMMAUS COMMUNITY**

## Newsletter July 2018

### **Upcoming Events**

July Gathering July 20 7:30pm

Immanuel United Methodist Church in Welford

Please remember that just like your walk we will have plenty of Agape snacks. So don't forget to bring some snacks to the gatherings to share with the community

#### WELCOME

As I spend time in prayer each day I am reminded how great our God is and yet He has time to listen to every praise and every request we send His way. In "Live a Praying Life" Jennifer Kennedy Dean writes, "The longer we live a praying life, the more focused we are on God. The secret to powerful pray is not a method, but a relationship. Little by little we are freed from uncertainty induced by scrutinizing our prayer method to see if we measure up." It is true. We worry more about the form and format of our prayers than we do about the Creator of all things we are addressing our prayers to. As we spend more time in prayer God's Holy Spirit will teach us His will for our prayers and our life.

#### **Inside This Issue**

1

2

3

Welcome

Prayers

July Gathering

It is my prayer for our Emmaus community that each of you will send more time each day talking to God. It is more important to your relationship with God and with others and less important that it meats some prescribed form. Begin now praying for the upcoming walk and the Pilgrims and team. Hold them up daily with the power of God's Holy Spirit as your teacher. Ask God to align your thoughts and purpose for this walk with His. My God bless your summer as together we prepare for the fall walk.

Your brother in Christ, Phillip Stout, Community Spiritual Director

# BLESSED-TO BE A-BLESSING

## **Prayers**

\*

On June 30, 2018 the family and friends for Tommy Nimmo gathered to honor his life. I was privileged to participate in this service along with many from the Foothills Emmaus community. When we share God's love we not only bless those we love we also receive blessing. Tommy supported the Emmaus community in many different ways: bus driving, kitchen help, ATL, and encouraging many to talk the walk that brought him closer to Jesus. He will be missed. Thank you for what you already do as individuals and a community. Please keep Sherry and her family in your prayers and shower her with Agape love and deeds of kindness is the days ahead.

Your brother in Christ

Phillip Stout SD

\*

#### The Power of Prayer

Prior to becoming a true believer I never really understood what prayer was or how it worked. I had always assumed that you just kind of asked God for something that you wanted or needed at that time, if it happened that was cool, if it didn't then it just confirmed my doubts about faith.

It wasn't until my wife and I started to attend church regularly that I began to understand prayer, and it wasn't until I attended the Walk to Emmaus that I understood the power of prayer.

When the prayer vigil poster was introduced on my walk and I had a chance to review it and see all the names of the individuals who were praying for us EVERY half hour, I was overwhelmed. Then we were told that each speaker had a prayer partner and a clergy partner pray with them before each talk, and that the whole kitchen crew stopped what they were doing and prayed for each speaker, and at the cross ceremony that all the crosses that we were given had been prayed over by the community at send off – WOW! This is when I realized the prayer had power!

I came to realize that if you prayed earnestly and from the heart that God will respond. It might not be on your timetable, it may not be what you were expecting the answer to be, but he will respond.

Keep your loved ones lifted up in prayer this summer, keep your church and your neighbors lifted up in prayer, and certainly keep the Emmaus community in your prayers – always!

De Colores

Michael Galloway Walk #32 – Table of Mark

## July Gathering

I hope you are enjoying the summer and had a wonderful 4<sup>th</sup> of July. I love music and have a song in my head most of the time. Waking up this morning, the theme song to the TV show "Cheers" was on repeat in my brain and only a few lines at that, "Where everybody knows your name...and they're always glad you came." In Matthew 18:20, Jesus said, "For where two or more gather in my name, there am I with them." As believers, we aren't asked to make this journey alone, but with others. We become stronger in our faith when we surround ourselves with other believers.

I love walking into a Gathering and seeing everyone...meeting new people, but also visiting with friends that I only get to see once a month at these events. When was the last time you attended a Gathering? Hebrews 10:24-25 states, "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another — and all the more as you see the Day approaching." Gatherings are held the third Friday each month, except June. If you haven't attended in a long time, try to come at least once by January, maybe even once a quarter if you can manage. This time of worship and fellowship allows us an opportunity not only to grow closer to Jesus, but it gives us a sense of renewal in Christ. I look forward to seeing you all at Immanuel UMC in Wellford on July 20 at 7:30. I'll be glad you came.

God Bless, Mandi Cox Vice-Chair

## In Memory of Tommy Nimmo

As many of you know, the Foothills Emmaus community was saddened by the loss of Tommy Nimmo. I remember on what I think was his original walk, Tommy's name was confused by some to be Tim. So over the course of the walk of folks getting it wrong, we eventually called Tim Tom. He was such a good sport about it and you could see Tommy's sense of humor. When it came time to pick a team for the Walk, I was honored that Tommy accepted the role of Table Leader on our Fall walk. He had asked if he could do the Piety talk as Tommy and his wife felt that talk would best suit him. I am saddened we will not get to hear his version of this talk. In memory of Tommy, we will dedicate the Fall Men's Walk #54 to Tommy. He will be with us in the room in spirit I am sure.

-Roy Richardson

## Blessed to Be a Blessing

#### Thinking about who you can sponsor on the next walk?

The Upper Room has released a great video with testimonies that explain what happens before, during and after an Emmaus weekend. You can view this video online, and share the link with anyone you would like to sponsor.

Click on the link or copy and paste: http://vimeo.com/8697255

### Find us on Facebook



Find us on Facebook at: https://www.facebook.com/pages/Foothills-Emmaus-Community/375715002086 or by clicking on the icon.

Disclaimer: You are receiving this newsletter as a member of the Foothills Emmaus Community. If you wish to not receive any emails from The Foothills Emmaus Community, please email newsletter@foothillsemmaus.org with the subject <a href="mailto:Remove">Remove</a>.