

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View this email in your browser](#)

The February Gathering is at Trinity Campus of Buncombe Street UMC 2703 Augusta St, Greenville, SC 29605 Friday, February 15 at 7:30 pm. Come for an evening of fellowship and worship. Bring your favorite snacks to share. Bring your Pilgrim applications.

February 2019 Edition

Dear Community,

It's hard to believe January is already over and before we can blink, the walks will be here. As you know, walks are a wonderful time to renew your relationship with the Lord. For me, whether I am volunteering my time for the weekends or actually on a team, it is an opportunity to remember the messages of those 15 talks. It is a time to recommit myself to the Lord and grow closer to God. My walk played a significant role in where I am in my faith today.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Our community is only as good and as strong as its members are in their willingness to be involved. Hebrews 10:24-25 states, “And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another – and all the more as you see the Day approaching.” Our March and October walks provide a chance at meeting up, encouraging one another, and fellowshiping.

Please take the time to visit the Foothills Emmaus website to see how you can get involved during these March weekends. Sponsor a pilgrim. If you aren’t sponsoring a pilgrim, but someone in your church is, meet up before send off and have supper together. Attend send off. It isn’t just for those who are sponsors. Donate refreshments. Volunteer your time in the kitchen. Sign up for prayer slots. Contribute to the literature table. Attend Candlelight. Attend closing. Your participation in any of these opportunities go to making our community stronger. Your participation during the walks, whether big or small, make a difference to our pilgrims. Your attendance at the Gathering following the walks, makes a profound difference to our new community members. This is a time of excitement. It is a time when the faith of our new community members is being rocked and they are experiencing God in a different and deeper way. No matter when your original walk was, we can all benefit as individuals and as a community in the time we put into the walks and gatherings. Please consider how you can share in this exciting time!

Blessings to you all,

Mandi Cox

Foothills Emmaus Chair



Volunteer for the Spring Walks

The prayer vigil needs you. We need you in the kitchen. We want you to help with refreshments. Do you mind helping with housing to setup or break down the camp? In other words, go ahead and ask off from work or let them know you won't be at church that Sunday. We need your help so volunteer to help in some way on the Men's and Women's Walk weekends. Click here to find a way to help. <https://foothillsemmaus.org/walks/volunteer-walk-55>

Roy Richardson

Newsletter/Website

Walk #38, Table of Luke

Group Reunion/Reunion Groups List Updated

Visit the Foothills Emmaus site to see the latest updates to the [Reunion Groups list](#) Find one to plug into. It has been updated with the latest info.

Calling all reunion groups. It's that time again and we need agape items for our upcoming walks. Reflect back on all the agape you received when you were a pilgrim. How exciting it was to receive those little treasures as a pilgrim! I continue to enjoy agape I received from my walk including the handmade wooden cross necklace, candlestick, and prayer cross. What a blessing it is to make and share agape so get involved. Volunteer with your reunion group or simply call Janet Sandifer @ [864.979.6713](tel:864.979.6713) to be included. Please remember, we need all Agape items by sendoff.



Mark Your Calendars. Keep Praying!

Go Ahead and block out these dates to help or to sponsor a pilgrim (or both):

Spring 2019 Walk Dates

Men's Walk #55 - March 7-10, 2019

Women's Walk #55 - March 14-17, 2019

SPONSORSHIP, SPONSORSHIP!!

We all have something in common, the weekend we went to Emmaus! We have different walk numbers but the same experience, an experience of having the Holy Spirit beside us and within us like we had never felt before.

So how do we respond? Do we get involved in the community or do we jump into the ministries of our church (which is the first option)? Do we go to seminary or begin a journey through the Bible with Disciple Bible Study or a comparable study?

There are almost as many ways to respond as there are people in our community; but, one way we should respond, all of us, is through sponsorship.

Why in the world would we not want to share our experience at Emmaus! I'm not calling on you to sponsor someone this spring, that same Holy Spirit that

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Time is running out! Share this weekend. Pray now for a name of someone you should ask. Get those names in quickly so the spring walk can happen!

**Thank You,
Mike Maston**

I was recently gifted a book by a dear friend, Behold Your Life - A Pilgrimage Through Your Memories, by Macrina Wiederkehr. While I am planning to use this book as a Lenten Study, I read the first paragraph of the first chapter "Preparation for the Journey" and it stopped me in my tracks! I wanted to share it with you as our Community prepares for the Spring Walks.

Pilgrimages have been an important part of religious history throughout the ages, A pilgrimage is a ritual journey with a hallowed purpose. Every step along the way has meaning. The pilgrim knows that the journey will be difficult and that life-giving challenges will emerge. A pilgrimage is not a vacation, it is a transformational journey during which significant change takes place. New insights are given. Deeper understanding is attained. New and old places of the heart are visited. Blessings are received, Healing takes place. On return from the pilgrimage, life is seen with different eyes. Nothing will ever be quite the same again.

Every one of us who have attended the Walk to Emmaus has experienced some, if not all, of what Macrina describes in this paragraph.

My walk was in the spring of 2000 at the Wesleyan Camp at the base of Table Rock. As I think back of my weekend - I see how each and every step had meaning: from the bus ride at send-off, to candlelight, to closing. I see how each talk gave me now insights and a deeper understanding in my faith walk, and challenged me to be more like Jesus.

I see how the morning and evening chapel visits and Saturday afternoon made me visit the new and old places of my heart, helping me to praise the blessings and heal the hurts. I emerged from that mountain with "different eyes" and my life has been forever changed by the experience of that weekend.

Each and every Walk where I am privileged to serve, brings it all back around and causes me to give pause and rededicate myself to being what I am called to be, as a follower of Jesus Christ.

BLESSING" to those God puts on your heart to sponsor!

DeColores,

Andrea Young

Walk #20, Table of Naomi

WANTED
Sponsors

Name: Goes by many aliases
Gender: Male and Female
Characteristics: Loving, Reliable, Compassionate, Hard working
Responsibilities: Sponsor a pilgrim, pray for them, pay for them, support them, and collect agape.
Contact: If found, please send paperwork to:
Bethany Comstock
1022 Harpers Way
Anderson, SC
29621

**Must be located by
February 15, 2019**

Should be considered armed and blessed!
<https://foothillsemmaus.org/walks/forms>

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Can you believe it?

It is time to get ready for walk 55! When I received the email from Roy Richardson that it was time for newsletter articles all I could think about was, “no not now I’m too busy to sit down and write an article for the newsletter.”

Then I remembered a conversation I had



with a community member after the gathering last Friday. So here I sit putting other things on hold while I write, wondering if anyone ever reads my articles or for that matter the newsletter in general. For those of you who do read what the board members write for the newsletter here goes.

Do you remember that Sunday evening when you left your first Emmaus walk? I am guessing it was a lot like mine, filled with excitement about how I could be the hands, feet, and witness for Jesus. In the days and weeks, even years that followed I found time for reunion group, gathering, sponsoring pilgrims, and volunteering where ever needed. It was a spiritual high that lasted for as long as I continued feeding it in God’s community. Then there was cancer and treatments. It made it easy to say no to the community and to God’s call to make disciples. Problem was when I got better, I had lost my passion to serve, but God called me back through the people of the Emmaus community to love and serve others.

I have noticed something since I have returned to an active roll in the community, the gatherings are smaller, the candlelight service are not well attended, we have fewer pilgrims on the walks, it is harder to get people to volunteer to help on the weekends, and almost impossible to people to serve on the board. Why is this I wonder and then I think about my own experience. Maybe some of you have been ill or taking care of someone who is? Maybe some of you have changed jobs or have family situations that prevent you from serving. There are more reasons for not serving than I can write here.

Here is the bottom line: God needs you to step up and honor the commitment you made to Him through your service in and through your home church and

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

when we fill the walks with pilgrims, fill the gatherings with our presence, and grow together. Don't miss your opportunity to be a part of this wonderful experience.

Phillip Stout CSD

Do you remember that moment when you realized that people were praying for you while you were on your Walk? That has been a special remembrance for me. Please consider signing up to pray for the Pilgrims on Walk 55. If you don't have access to the website, you can give me a call at [864-357-4022](tel:864-357-4022) and I will get your name on the list.

Dale Henry

Prayer Chair

Walk 27



Refreshments

The walks are almost here and it is time to start thinking about providing snacks and drinks for the pilgrims! Think the wonderful snacks you

brownie or candy recipe - and send a batch to the camp! Fruits (grapes, strawberries, etc) are always a big hit - as well as the salty snacks!

And bottled water by the case is a must have!!!

There are also two great opportunities for you or your reunion group to be involved!

First, to provide and serve simple refreshments at Send-Off (cookies, drinks). Be the friendly face who welcomes them as they tentatively embark on their weekend. Table covering, cookie trays, cups and napkins will be provided for you at the send-off location.

Second, to serve ice cream at the camp following candlelight - and enjoy serving the pilgrims after their heartwarming experience. Everything is provided! We just need hands to set up and serve!

Sign up sheets will be at the February Gathering and online! Please call with any questions!

Look forward to seeing you at the Gathering and the Walks!

Andrea Young, Refreshments

[864-360-7006](tel:864-360-7006)

Contact the Newsletter Chair at
richardson.royw@gmail.com



Upcoming Events

January Gathering

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Please remember that just
like your walk, we will have
plenty of Agape snacks.
So don't forget to bring some
snacks to the gatherings to share
with the community



Find us on Facebook at:

<https://www.facebook.com/groups/48270156719/>



BLESSED — TO BE A — BLESSING

Copyright © 2019 Foothills Emmaus, All rights reserved.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

